

DIAGNOSED AN ISLANDER

Josie Crawley

*Am I cursed an Island dweller
or blessed a frequent flyer
castaway where quickness of thought
fatigues mis-fired neurons.
Such synaptic chaos
celebrates successful completion of each day,
careful allocation of energy and need, energy and want,
wanted, longed for energy.
Today no blueprint for tomorrow*

*Out there for those not marooned on islands
the world speedily spins
fragile plans with gossamer threads of health –
wealth, worth, career, status
eggshell futures for the sanguine.
Island life illuminates the moments that blur,
do mainlanders revel in an obedient bladder, navigating a step, the supportive joy of a pillow
behind the head;
small things that make a day
or does the nuanced challenge of being alive rush past.*



Figure 1. Kapiti Coast Drift. Source: Author

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